



Standing Together for Snohomish County Youth: 1st Annual Children & Youth Mental Wellness Fair

Saturday, May 7, 2016 • 10AM - 4PM
Evergreen Middle School • 7621 Beverly Lane, Everett
With Special Guests:
CASPAR BABYPANTS & TRENT SHELTON

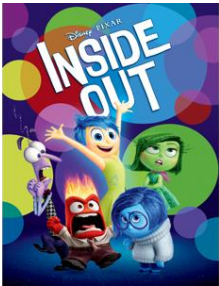
**All
Families
Welcome!**

FREE COMMUNITY FUN EVENT

DROP IN SESSIONS – NO REGISTRATION NEEDED

**COMMUNITY
RESOURCES
AVAILABLE**

DISNEY MOVIE:



11:30AM & 2:15PM

- **FREE PIZZA
11AM - 3PM**
- **GAMES**
- **3-ON-3 B BALL**
- **FAMILY PHOTOS
ALL DAY**

9:30 am	DOORS OPEN – WELCOME!			
10:00- 10:45 am	CASPAR BABYPANTS <small>Something magical happens when you crank up the newest music by the Seattle kindie-rocker. Chris Ballew (aka Caspar Babypants) offers youngsters a fantastic mix of silly and sweet tunes.</small>			
10:45- 11:30 am	Parenting Young Children	Bullying	Signs and Symptoms of Depression and Anxiety	Building a Better Relationship with Your Teen
11:45- 12:30 pm	Attachment and Bonding	Growing Up GLBTQ	Mental Health in Schools	Suicide Prevention
1:00- 2:00 pm	TRENT SHELTON <small>To some, he's a motivational speaker. To others, he's a previous NFL football player. To Trent Shelton, he is just a man who wants to help lives. Come see Trent as he energizes youth to change for the better by uplifting, empowering, and demonstrating that "change starts with you" from the inside out.</small>			
2:15- 3:00 pm	Infant and Toddler Mental Health	Music Therapy	7 Challenges: Substance Abuse Treatment Model	Sex Trafficking Risks
3:15- 4:00 pm	Parenting is stressful! Have a Safety Plan	Empowering Young Women	Adverse Childhood Experiences (ACEs)	Cutting and Self-Harm

Questions? Call 425.388.7254

Organized through community partnerships with Snohomish County Human Services

